

Useful contacts

Pathways office 01642 354100
Pathways duty mobile 07717 516725

Health and emotional wellbeing

NHS Advice 111
Non emergency Police 101
Samaritans 116 123
Childline 0800 1111

Support

NYAS (National Youth Advocacy Service) 0808 808 1001
Rees Care Leavers Foundation reesfoundation.org/contact
Become 0800 023 2033
becomecharity.org.uk
Gov UK gov.uk/government/publications/care-leavers-charter

Finances

National Insurance number helpline 0300 200 3500
Benefit Claims 0800 0556688
Universal Credit 0800 328 5644
Buttle UK buttleuk.org/contact-us
Affordable Warmth Team 0800 3047084
warmhomes@menvcity.org.uk

Housing / accommodation

Shelter 0808 800 4444
0808 1644 660 (emergency)

Local resources

CGL 01642 876323
My Sisters Place 01642 241864
Route 2 01642 249456
Thirteen Group Housing 0300 111 1000
Community Support Scheme 0808 1789278



middlesbroughchildrenmatter.co.uk

